

# Aftercare Instructions

## Days 1- 7:

- Wash daily to remove bacteria, build up of product and oils, and dead skin. (Don't worry, THIS DOES NOT REMOVE THE PIGMENT!)
- **Gently wash** the area each morning and night with water and gentle soap or an unscented cleanser like Dial Soap, Cetaphil, or baby shampoo. With a very light touch, use your fingertips to gently cleanse the area.
- Rub the area in a smooth motion for 10 seconds and rinse with water ensuring that all soap is rinsed away.
- **To dry**, gently pat with a clean tissue. DO NOT use any cleansing products containing acids (glycolic, lactic, or AHA), or exfoliants.
- **Apply a tiny**, rice grain amount of Bacitracin 2-3 times a day with a cotton swab and spread it across the treated area.
- Be sure not to over-apply, as this will suffocate your skin and delay healing. The product should be barely noticeable on the skin.
- NEVER put the product on a wet or damp tattoo

## Day 8-30:

Your brows will start to look very dry, and the tattoo will begin flaking off.

If you are uncomfortable with the way that the dryness looks, or are finding your eyebrows itchy, you can use a little bit of Aloe Vera Gel (If you are allergic to aloe, please use rose water, or nothing) If the itchiness still feels intolerable, you can pick up a cream called Bactine at your local drug store.

## Important Reminders

- Let any scabbing or dry skin naturally exfoliate away. Picking can cause scarring or loss of color.
- No facials, botox, chemical treatments or microdermabrasion for 4 weeks.
- Avoid hot, sweaty exercise for one week.
- Avoid direct sun exposure or tanning for 4 weeks after the procedure. Wear a hat when outdoors.
- Avoid sleeping on your face for the first 10 days.
- Avoid face-down swimming, lakes, and hot tubs for the first 10 days,
- Avoid topical makeup and sunscreen on the area.

## Important Instructions for Showering

- Limit your showers to 5 minutes so that you do not create too much steam. Keep your face procedure area out of the water while you wash your body, then, at the end of your shower, wash your hair.
- Your face should only be getting wet only at the end of the shower.
- Avoid excessive rinsing and hot water on the treated area

**If any of these symptoms occur, see a doctor or dermatologist as soon as possible to minimize the damage. Symptoms of an infection may include: redness, blisters, swelling, worsening pain, itchy, painful red bumps forming within the tattoo, a fever, chills, pus, open sores.**